



# WEEKLY MENU

## LUNCH MARCH 23 TO MARCH 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Entrées</b>	Mac N Cheese	Oven Roasted Salmon with Hollandaise	Beef Bourguignon	Moroccan Chicken	Pulled Pork	<b>Brunch Menu</b> Cereal Tropicana OJ Chocolate Milk Eggs, Home Fries & Meat Waffles & Pancakes Muffins Fresh Fruit & Yogurt Chef's Savory Selection Chef's Salad Pastries	<b>Brunch Menu</b> Cereal Tropicana OJ Chocolate Milk Eggs, Home Fries & Meat Omelets Made to Order Waffles & Pancakes Muffins Fresh Fruit & Yogurt Chef's Savory Selection Chef's Salad Pastries
<b>Side</b>	Broccoli	Riz Pilaf & Fine French Beans	Roasted Potato	Couscous	Corn Polenta		
<b>Vegetarian</b> 	N/A	Maple Ginger Tofu	Goat Cheese Stuffed Portobello Mushroom	Falafel with Tahini	Stacked Enchiladas		
<b>Deli</b>	Tomato Vegetable Wraps	Ham & Cheese	B.L.T. Wraps	Chicken Teriyaki Wrap	Smoked Salmon Bagels		
<b>Show Stopper</b>	Chick Pea Coconut Curry with Mint Yogurt Sauce	Sloppy Joes with Herbed Potatoes	Sundried Tomato Pesto Chicken on Italian Rice	Spicy Sausage Cavatappi in a Rose Sauce	Chicken Pot Pie		
<b>Pizza &amp; More</b>	Cheese Pies	Beef & Cheese Burritos	Chicken Burgers	Beef & Cheese Ciabatta	Philly Cheese Steak Sandwiches		
<b>Dessert</b>	Fresh Fruit	Tart Tatan	Gateau Mille Crepes	Fruit Salad	Strawberry Short Cake		

look for these symbols beside select products:



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## DINNER MARCH 23 TO MARCH 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Entrée	Beef Meat Loaf & Gravy	Southern Fried Chicken	Coconut Chicken Curry	Smokey B.B.Q. Pork Chops	Assorted Artisan Pizzas	Chicken Alfredo	Glazed Ham
Vegetarian	Hungarian Corn & Black Bean Stew	Stuffed Peppers	Crispy Vegetable Pakoras with Riatta Sauce	Quinoa & Mushroom Pilaf	Vegetarian Pizza	Pasta Primavera	Honey Roasted Tofu
Side	Roast Potatoes	Potato Salad & Coleslaw	Indian Spice Scented Potatoes	Roasted Sweet Potato & Ginger Sugar Peas	Create Your Own Ceasar Salad	Garlic Bread & Broccoli	Roasted Garlic Potatoes & Grilled Zucchini
Show Stopper	Pub Fish & Tartar Sauce	Broccoli Cheesy Pasta Gratin	Seafood Paella	Chicken Florentine with White Rice	Chicken Wings	Pasta Bolognese	Grilled Salmon
Dessert	Glazed Donuts	Cheese Cake	Palmier	Cinnamon Buns	Ice Cream	Crumble	Sugar Pie

look for these symbols beside select products:

Gluten Free

Healthy  
by choice

Vegetarian  
by choice